



**Early ARTS Family Child Care Home**  
**Child Care | Preschool | Art Classes**  
207 Elm street | Elmwood Park | NJ 07407  
201-300-6009 | [www.SonjaEarlyArts.com](http://www.SonjaEarlyArts.com)

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## DAILY SCHEDULE

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| Arrivals, greetings                                                                                                                           | 08:00 - 08:30        |
| Classroom free play                                                                                                                           | 08:30 - 09:30        |
| <b>Breakfast</b>                                                                                                                              | <b>09:30 - 10:00</b> |
| Music and movement, gross motor activities, free play                                                                                         | 10:00 - 10:30        |
| Calendar, learning review, reading, table manipulatives                                                                                       | 10:30 - 11:00        |
| Outdoor free play and gross motor activities (weather permitted),<br>or inside gross motor activities, music and movement, dancing, free play | 11:00 - 12:00        |
| Visual arts, fine motor activities, books, free play, music and movement                                                                      | 12:00 - 12:30        |
| <b>Lunch</b>                                                                                                                                  | <b>12:30 - 01:00</b> |
| Nap/relaxing time                                                                                                                             | 01:00 - 2:30         |
| Small group learning review, fine motor activities, books, free play                                                                          | 02:30- 03:00         |
| <b>Snack</b>                                                                                                                                  | <b>3:00 - 3:30</b>   |
| Free play, show-and-tell, music and movement, reading, departure                                                                              | 3:30 - 4:00          |